

Time	Reception	Volleyball Court	Club Room	Boat House
09:00				
09:30				
10:00				
10:30	Registration (10:30-11:00)			
11:00				Jumps (11:00 - 11:30)
11:30				
12:00		Training (11:30 - 13:00)		
12:30				
13:00			Parents Meeting (13:00 - 14:00)	Lunch (13:00 - 14:00)
13:30				
14:00			Metrics (14:00 - 14.30)	
14:30				
15:00				
15:30		Training (15:00 - 16:30)		
16:00				
16:30			Debrief (16:30 - 17:00)	
17:00				
17:30				
18:00				
18:30				