



**PRESS RELEASE:** 07 July 2011

## **A VOLLEY GOOD TIME FOR WANDSWORTH!**

### ***Wandsworth's chance to win tickets to the Beach Volleyball Test Event***

Wandsworth will be treated to a taste of an Olympic sport this month as Volleyball England brings its [Go Spike](#) campaign to *Get Active Wandsworth* on Tooting Common between 9-24 July.

The action packed Go Spike sessions will give residents the chance to try a game of volleyball, completely free of charge. Sessions will be running on two grass courts throughout the popular 15 day festival.

What's more, anyone that comes along and has a go at Volleyball will be given an opportunity to win four tickets to the Beach Volleyball Test Event at Horse Guards Parade on Sunday 14<sup>th</sup> August.

Whether you're a regular player or have never experienced the sport before, you're in for a treat; Volleyball England is urging everyone in Wandsworth to dig and spike their way into volleyball and take advantage of the complimentary sessions.

Volleyball England launched the campaign to get more people in England involved in the buzz of volleyball, which is one of the top three most played in the world. In turn, the sessions will help to get people in the area feeling fit for summer through social, high energy and, most of all, fun sessions.

Lisa Wainwright, CEO of Volleyball England said:

"Over half a billion people play volleyball worldwide, it is incredibly easy to play and, whatever level you play at, it can enhance your life. Volleyball improves fitness, coordination, strategic thinking and is very sociable; it's a great way to meet new people or have fun with friends. It is our aim that Go Spike will educate people attending the show on the benefits volleyball can offer and help to get people outdoors and enjoying sport this summer. Residents of Wandsworth - just give it a go - you'll be hooked!"

As a sport, Volleyball, Beach Volleyball and Sitting Volleyball, the Paralympic version of the game, will all feature at the London 2012 Games so this is your chance to get a taste of what's on offer. One of the Go Spike aims is to encourage people of any ability to get involved, get excited and follow the sport to 2012 and beyond.



To find out more about the Go Spike sessions taking place at Get Active Wandsworth or learn more about volleyball and how to get involved in your area, please visit

[www.gospike.net](http://www.gospike.net)

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**NOTES TO EDITORS:**

Volleyball England is the branded image for the English Volleyball Association (EVA). Volleyball England is the recognised National Governing Body for Volleyball in all its forms, including Volleyball, Beach Volleyball and Sitting Volleyball in England. Volleyball England has a service level agreement with the British Volleyball Federation (BVF) to manage the GB Sitting Volleyball Performance Programme.