



COURSE MENU FOR CHANGE 4 LIFE SCHOOLS

This document lists all the workforce development opportunities available to young people and adults involved in Change 4 Life Volleyball clubs. It includes the course content, duration, target participants, who can deliver the course and cost. Please note all prices are excluding venue costs.

For more information about any of these courses or booking, please contact Dan Warburton (Young People Coordinator) at d.warburton@volleyballengland.org or 01509 227727.

1. Mini-Modules for Teachers
2. Young Leaders Award
3. Young Referees Award
4. Young Event Volunteers Award (available from February 2012)
5. UKCC Level 1 Coaching Award

1. Mini-Modules for Teachers

Course Content	<p>There are mini-module courses for teachers at 3 levels;</p> <ul style="list-style-type: none">- Volley Sport (2 v 2 / Key Stages 1&2)- Mini Volley (3 v 3 / Key Stage 3)- Super Mini Volley (4 v 4 / Key Stage 4) <p>Each module comes with a set of coaching cards which enable teachers to introduce the sport of volleyball to young people and then develop their skills.</p> <p>The modules offer teachers the opportunity to become familiar with the coaching resource packs at each level and explore a variety of ways of using the cards.</p>
Duration	4 hours per Mini Module course
Who is it for?	Teachers and Sports Coaches Course attendees should be aged over 16. <i>Flexible number of attendees; minimum of 12.</i>
Who can deliver?	Volleyball England approved Tutor
Cost	£30 per candidate (includes tutor costs, certificate and copy of Volley Sport, Mini Volley or Super Mini Volley resource pack) <i>Cost excludes any venue cost</i>

How to organise	There may already be courses running in your area, please check www.volleyballengland.org/volleyballsearch To organise a course, please contact Dan Warburton at d.warburton@volleyballengland.org or 01509 227727.
Additional info	The course fee for each mini-module course includes a quality resource pack for each attendee. These packs support the information presented during the course and provides attendees with drills and ideas for future delivery.

2. Young Leaders Award

Course Content	<p>The Young Leaders Award provides students with a basic knowledge of volleyball and gives them the skills and confidence to introduce and develop aspects of the game safely.</p> <p>By the end of the course the participants will;</p> <ul style="list-style-type: none"> - be able to lead a volleyball specific warm up - be able to organise and run simple volleyball coaching drills. - be able to organise a small volleyball festival - be able to officiate small-sided games - be able to help establish a safe playing environment - be familiar with the Volley Sport coaching cards <p>The award is designed to compliment the Level 1 Award in Sports Leadership / Community Sports Leadership but also acts as a stand alone award for Young Leaders.</p>
Duration	6 hours (can be delivered over a series of sessions)
Who is it for?	Young people aged 14 – 19. <i>Minimum numbers required: 10 students</i> <i>Ideal maximum number per tutor: 24 students</i>
Who can deliver?	The Young Leaders Award Tutor Resource Pack can be purchased from the Volleyball England online shop: www.volleyballengland.org/shop The award can then be delivered by any Level 2 Volleyball coach or PE teacher. A Volleyball England tutor can also be booked to run the course.
Cost	Tutor Resource Pack = £50 (Volleyball England Tutor = £150 plus travelling expenses) + venue costs
How to organise	Young Leaders courses can be organised locally using the Tutor Resource Pack. If a Volleyball England tutor is required, please contact Dan Warburton at d.warburton@volleyballengland.org or 01509 227727.

Additional info	<p>Young Leaders Award packs can be purchased for each participant at a cost of £5. Please contact Dan Warburton (Young People Coordinator) at d.warburton@volleyballengland.org for an order form.</p> <p>All qualified Young Leaders can sign up to the online Volleyball England Plus Programme, where they can log their volunteering hours online and receive rewards. Further course and volunteering opportunities will be advertised to all registrants. For more information contact Dan Warburton (Young People Coordinator) at d.warburton@volleyballengland.org.</p>
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3. Young Referees Award

Course Content	<p>The Young Referees Award allows participants to develop knowledge, understanding and practical skills in officiating which will allow them to plan and deliver volleyball activities based on small sided, adapted games.</p> <p>By the end of the course the students will;</p> <ul style="list-style-type: none"> - Understand - demonstrate safe practice and appropriate emergency procedures. - understand and apply the rules in small sided games. - demonstrate effective scoring skills in small side games. - be able to review own performance and suggest improvements
Duration	6 hours (can be delivered over a series of sessions)
Who is it for?	<p>Young people aged 14 – 19. <i>Minimum numbers required: 10 students</i> <i>Ideal maximum number per tutor: 24 students</i></p>
Who can deliver?	<p>The Young Referees Award Tutor Resource Pack can be purchased from the Volleyball England online shop: www.volleyballengland.org/shop The award can then be delivered by any Level 2 Volleyball coach or PE teacher. A Volleyball England tutor can also be booked to run the course.</p>
Cost	<p>Tutor Resource Pack = £50 (Volleyball England Tutor = £150 plus travelling expenses) + venue costs</p>
How to organise	<p>Young Referees courses can be organised locally using the Tutor Resource Pack.</p> <p>If a Volleyball England tutor is required, please contact Dan Warburton at d.warburton@volleyballengland.org or 01509 227727.</p>
Additional info	<p>Young Referees Award packs can be purchased for each participant at a cost of £5. Please contact Dan Warburton (Young</p>

	<p>People Coordinator) at d.warburton@volleyballengland.org for an order form.</p> <p>All qualified Young Referees can sign up to the online Volleyball England Plus Programme, where they can log their volunteering hours online and receive rewards. Further course and volunteering opportunities will be advertised to all registrants. For more information contact Dan Warburton (Young People Coordinator) at d.warburton@volleyballengland.org.</p>
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4. Young Event Volunteers Award (Available from February 2012)

Course Content	<p>The Young Event Volunteers Award gives students the skills, knowledge and confidence to volunteer at volleyball events, from school festivals to international competitions.</p> <p>By the end of the course participants will;</p> <ul style="list-style-type: none"> - be familiar with the Volleyball England competition structure. and why volunteers are so important at events. - be able to perform courtside support roles (e.g. scorer). - support with events administration. - be able to deal with players, spectators and VIPs. - support with the media and photography of an event.
Duration	6 hours (can be delivered over a series of sessions)
Who is it for?	<p>Young people aged 14 – 19.</p> <p><i>Minimum numbers required: 10 students</i></p> <p><i>Ideal maximum number per tutor: 24 students</i></p>
Who can deliver?	<p>The Young Event Volunteers Award Tutor Resource Pack can be purchased from the Volleyball England online shop: www.volleyballengland.org/shop The award can then be delivered by any Level 2 Volleyball coach or PE teacher. A Volleyball England tutor can also be booked to run the course.</p>
Cost	<p>Tutor Resource Pack = £50</p> <p>(Volleyball England Tutor = £150 plus travelling expenses)</p> <p>+ venue costs</p>
How to organise	<p>Young Event Volunteers courses can be organised locally using the Tutor Resource Pack.</p> <p>If a Volleyball England tutor is required, please contact Dan Warburton at d.warburton@volleyballengland.org or 01509 227727.</p>
Additional info	<p>All qualified Young Event Volunteers can sign up to the online Volleyball England Plus Programme, where they can log their volunteering hours online and receive rewards. Further course and</p>

	volunteering opportunities will be advertised to all registrants. For more information contact Dan Warburton (Young People Coordinator) at d.warburton@volleyballengland.org .
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5. UKCC Level 1 Volleyball Coaching Award

Course Content	<p>The UKCC Level 1 Award in Volleyball Coaching gives participants a recognised qualification. The course is suitable to those who are new to coaching and/or to volleyball.</p> <p>By the end of the course participants will be able to demonstrate:</p> <ul style="list-style-type: none"> - awareness of the roles and responsibilities of a Level 1 coach. - awareness of equity issues, the VE Child Protection Policy and Good Practice Guidance. - ability to deliver warm-up activities for Volleyball. - awareness of Health and Safety. - ability to adapt volleyball sessions for different participants. - awareness of game flow. - Preparation to deliver activity sessions in Volleyball. - completed assessment of their own coaching practice. (By tutor) - evaluation of their own coaching practice
Duration	3 days (Approx 9 -5pm each day)
Who is it for?	<p>Participants over 16 years old.</p> <p><i>Minimum numbers required: 10 attendees</i></p> <p><i>Maximum: 16 attendees per tutor</i></p>
Who can deliver?	Volleyball England approved tutor
Cost	£150 per candidate + venue costs
How to organise	<p>There may already be courses running in your area, please check www.volleyballengland.org/volleyballsearch</p> <p>To organise a course, please contact Dan Warburton at d.warburton@volleyballengland.org or 01509 227727.</p>
Additional info	Participants successfully completing the course receive free Volleyball England Coaching membership, entitling them to Public Liability Insurance of up to £5million and range of other member benefits.